



DOVER AIR FORCE BASE

Supplement 1

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Medical

**SUICIDE AND VIOLENCE PREVENTION  
EDUCATION AND TRAINING**

**COMPLIANCE WITH THIS PUBLICATION IS MANDATORY**

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**AFI 44-154, dated 3 January 2003, is supplemented as follows:**

6. (Added) **Suicide and Violence Prevention Educational Requirements.** The Suicide and Violence Awareness education programs may be presented at the same time.

6.1. (Added) Dover AFB Program. At Dover AFB, a 3-tiered targeted approach to suicide and violence prevention awareness education will be implemented:

6.1.1. (Added) Tier 1 Basic core briefing of community suicide awareness and violence prevention information, targeted at everyone in the wing. This core briefing will be provided within each squadron or division (in lieu of mass training in the theater) to provide a more personalized program. A Primary and Alternate facilitator will be assigned for each squadron to conduct the briefing. The facilitator must be either the Squadron Commander or the First Sergeant. Exceptions to this policy must be approved by the IDS. Each unit is expected to tailor the presentation with specific stressors or relevant information pertinent to their organization. The Primary or Alternate facilitator in each organization will present this core briefing information through a session lasting 30-45 minutes and training completion will be documented. The squadron facilitator is responsible for training their squadron in the required suicide and violence prevention education subject matter, as well as also ensuring that the unit training manager reports statistics on number of individuals trained to the base IDS representative (the Life Skills Support IDS member).

6.1.2. (Added) Tier 2 Intermediate training in suicide and violence awareness education will be targeted at leadership. At the intermediate level, we have a wide range of supervisors who can provide some basic assistance ("buddy care") for troubled individuals, provide a listening ear, discern if there is a real risk to life and help them gain access to professional help. This group runs from new SSgt's to SNCOs, first sergeants, superintendents, flight commanders, ops officers, squadron commanders, division chiefs, etc. These supervisors need both awareness training and some basic care skills including pragmatic aspects such as legal issues associated with referrals, dos/don'ts for dealing with troubled people, etc. This training will also stress supervisory responsibility to take appropriate action to help troubled individuals, 24/7.

Annual training via a variety of forums such as NCO Enhancement Seminars, Commander's Course, etc will be provided through a 2-hour course conducted by IDS provided trainers.

6.1.3. (Added) At Tier 3, the most intensive level of intervention, we have the caring professionals in Life Skills and the Chaplain's Office. These trained professionals can deal with the broad aspects of human behavior and help people work through their immediate challenges to see a brighter tomorrow.

7. (Added) **Leadership Suicide and Violence Awareness Education and Training Content Requirements.**

7.1. (Added) The chaplains and first sergeants have a high level of visibility and opportunity to interact with/impact all levels of base personnel. Therefore, individuals from the Chaplaincy and/or first sergeants group will be selected to attend the Applied Suicide Intervention Skills Training (ASIST). Via the Wing IDS, AMC will fund two ASIST slots per year to attend this intensive 2 day workshop to develop specific skills for dealing with suicide prevention. These ASIST trained individuals will then train others.

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